**Matthew 6**

1. **Continuation of the Sermon on the Mount** 
   1. Jesus continues His sermon on the Mount by emphasizing the fact that we should do good to please God, not to be seen by men. As chapter 6 begins, Jesus begins to transition from what they taught to what they do.
   2. Jesus uses several examples to highlight the motives and intent behind the actual act and how the righteousness of the kingdom is one that comes from within.
2. **Alms Giving (v.1-4)**
   1. Giving is a form of worship, an active responsibility.
   2. We should give with the right motive in mind.
3. **Prayer(v.5-15)**
   1. Model prayer
   2. Forgiveness
4. **Fasting (v.16-18)**
5. **Covetousness (v.19-24)**
6. **Worrying (v.25-34)**
   1. In these next several verses, Jesus places an emphasis on not worrying. Think about how anxiety and worries about earthly things can control our lives and take us away from our purpose here on this earth. Let’s consider Matthew 13:22 (the Parable of the sower, the thorny soil).
   2. Seek first the Kingdom of God.